

EMU Psychological Counseling Guidance and Research Center

Spring 2016 | Issue 8

Dear EMU Students and Staff,
We are saying farewell to Spring term 2016 with the 8th issue of EMU-PDRAM Bulletin. EMU-PDRAM team wishes you a pleasant summer and a well-deserved rest after a productive and busy spring term.

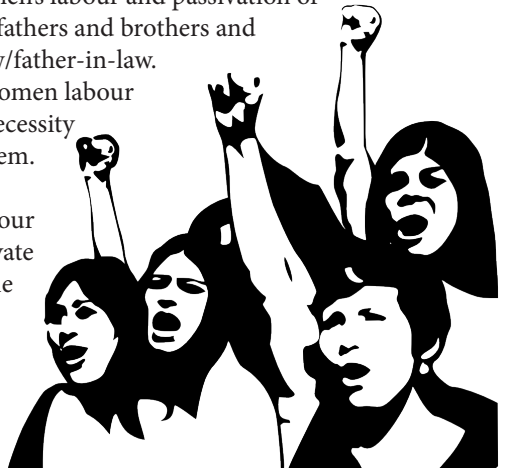
8th March International Women's Day:

A Tamed Struggle Day

Power struggles appear in every aspect of life and in every part of the history. The struggle of power which starts within the families, spreading to the different segments of society, countries and then all over the world is actually nothing more than a class struggle. The simplest definition of power struggle is the effort of the powerful segment of the society who possesses the resources to subordinate, rule and use the powerless segment in accordance with their self interests.

Women's power struggle has been going on in different environments since the beginning of history. The exploitation of women's labour and passivation of women has started within the families by the fathers and brothers and continued by the husband and mother-in-law/father-in-law. Afterwards the ongoing exploitation of the women labour has extended outside of the house with the necessity of women's cheap labour in the capitalist system.

As the exploitation of women's rights and labour has been increasingly continuing in both private and public spaces, it was decided to determine a common date for women's struggle in the Socialist Women's Conference organised in Copenhagen, in 1910.



This special day is aimed to maximize the struggle against exploitation and oppression towards women all around the world. 8th March has been chosen as the appropriate date for International Women's Day. On 8th March 1957, 40 thousand textile worker women in New York have started an organized struggle against their employers for the first time in order to decrease their working hours from 16 hours to 10 hours a day.

In time, 8th March has turned into a date where women are remembered and given flowers and gifts by men. This taming of 8th March has been both enfevering the capitalist consumption economy and also supporting the passivation of the women which puts them under the dominant hegemony of men. Women who do not have awareness about freedom and rights of women and gender equality have been celebrating 8th March by thanking their dominators for the gifts and thinking that they are honored for being remembered. People are unaware that struggle for bread, decent working conditions, equality, justice and freedom is still ongoing in most of the places around the world.

However, 8th March is a date to commemorate those who started this honorable struggle and those who lost their lives for this course, also to whet in order to take a step further in this struggle.

Kıbrıs Newspaper 8 March 2016 (p. 35)
Psychologist Uğur Maner

Activities of Drug Commission



On March, Prof. Dr. Biran and other representatives of Drug Commission visited Ankara Turkey for the purpose

of improved collaboration on drug prevention and development of emergency action plan for fight against drugs.

“Setting Limits with Children” Workshop

On 7th April, EMU-PDRAM team organized a “Setting Limits with Children” titled workshop for the parents at the Günışığı Nursery and Preschool.

Communication and Trauma Workshop

Within the framework of psycho-educational activities for students, EMU-PDRAM has organized “Communication and Trauma” workshop for the EMU Research and Rescue Club on 30th March and 1st April 2016.

26th June International Day Against Drug Abuse and Illicit Trafficking

On 22nd of June, various informative brochures has been distributed inside the campus in order to raise awareness to the International Day Against Drug Abuse and Illicit Trafficking.

A Gender Perspective of International Conflict: The Cypriot Experience

A seminar titled “A Gender Perspective of International Conflict: The Cypriot Experience” has been organized within the scope of 8th March International Women’s Day by the EMU-PDRAM and EMU Psychology Students Club. Assoc. Prof. Dr. Maria Hadjipavlou who is a lecturer at the Cyprus University,

Department of Political Science who is also a member of Gender Advisory Team was the speaker at the seminar. Various important subjects such as feminism, status and the role of women in Cyprus, effects of conflict and gender were mentioned at the seminar.



2nd April World Autism Awareness Day

EMU-PDRAM and EMU Psychology Students Club planned a series of events to raise awareness to the 2nd April World Autism Awareness Day. In accordance with the theme of these events, blue coloured clothes has been worn to raise awareness on the importance of the day and informative brochures has been handed around the campus. Events were completed with a street theatre and dance show at the EMU Central Lecture Hall.

“Strong Parents - Strong Children” Training

The Training program was held in four sessions between the dates 21st March - 11th April for the parents of Famagusta Special Education Center. The training program provided the parents with the opportunity to share their own experiences. Topics of the program included family structure, communication within the family, instructional attitudes of the parents and children and children rights. These and similar topics were covered to improve the parents’ approach towards their children who develop differently.



“The Behavior of Children who Develop Differently in the Classroom Environment” Workshop



On April 25, EMU-PDRAM held a workshop for teachers on request of the Polatpaşa Primary School.

EMU-PDRAM Working Hours

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