

EMU Psychological Counseling Guidance and Research Center

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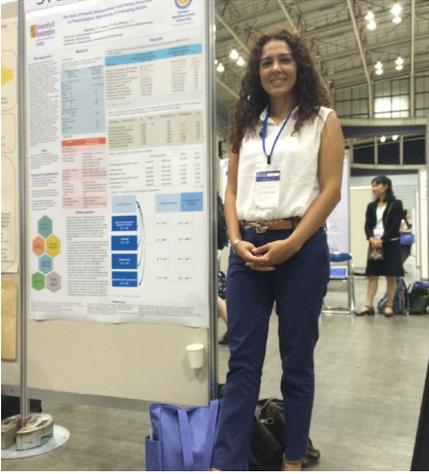
Dear EMU Students and Staff,

As we come to the end of another academic term, here we are with the 9th issue of the EMU-PDRAM Bulletin. In this issue, you can find news from Summer and Fall 2016 terms. As EMU-PDRAM team, we are wishing you happy, healthy and successful days.

Scientific Events that EMU-PDRAM Psychologists Attended During Summer

On 18-20 July 2016, Psychologist Fatoş Özeylem presented a poster presentation titled Beliefs Towards Mental Illness Mediates the Relationship Between Self-Stigma Towards Seeking Psychological Support, Psychological Support-Seeking Experience and Nationality (Prof. Dr. Biran Mertan, Psychologist Fatoş Özeylem, Psychologist Hatice Tüfekçioğlu, Psychologist Özlem Güler, Psychologist Uğur Maner) at the 11th International Conference on Child and Adolescent Psychopathology at Roehampton University, England.





On 23-31 July 2016, Psychologist Fatoş Özeylem presented a verbal and a poster presentation on her research titled The Role of Family Relationships and Family Structure on Psychological Well-Being of Emerging Adults at the ICP2016 (International Congress of Psychology) at Yokohama, Japan.

She received the International Congress of Psychology (ICP2016) Emerging Psychologists' Program award which was awarded to only 40 psychologist.

On 5-7 September 2016, Prof. Dr. Biran Mertan and Psychologist Güler Ataş Buldu presented three research poster presentations conducted by EMU-PDRAM on the 19th National Psychology Congress which was held at İzmir, Turkey. The poster presentations were titled Social and Emotional Relations in Amalgam Families (Prof. Dr. Biran Mertan), Educational Attitudes of Parents and Socio-emotional Reactions at Early Childhood (Psychologist Güler Ataş Buldu, Prof. Dr. Biran Mertan) and Beliefs Towards Mental Illness Mediates the Relationship Between Self-Stigma Towards Seeking Psychological Support, Psychological Support-Seeking Experience and Nationality (Prof. Dr. Biran Mertan, Psychologist Fatoş Özeylem, Psychologist Hatice Tüfekçioğlu, Psychologist Özlem Güler, Psychologist Uğur Maner).



19th EMU Orientation Days



On 22nd September 2016, Psychologists Özlem Güler and Güler Ataş Buldu gave a seminar titled “Richness in Multicultural Environment” towards the new students and their families as a part of the 19th EMU Orientation Days. On 30th September 2016 EMU-PDRAM staff contributed to the EMU Welcoming Night by distributing EMU-PDRAM publications at their information stand.

25th November International Day for the Elimination of Violence against Women



As every year, EMU-PDRAM team and the EMU Psychology Students Club collaborated to distribute badges and white ribbons in the campus in order to raise awareness on the meaning and importance of the 25th November International Day for the Elimination of Violence against Women.

Series of Seminars held at İskele Ticaret High School

Seminar sessions organized as a social responsibility project by EMU-PDRAM towards İskele Ticaret High School students were held with the request of İskele Ticaret High School Guidance Unit and School Directorate. The first seminar was held on 26th October 2016 about the developmental characteristics of adolescence and healthy adolescent development delivered by Psychologists Fatoş Özeylem and Uğur Maner.



On 8th November 2016, Psychologists Hatice Tüfekçioğlu and Haşim Haşimoğulları gave a seminar titled “Deal or No Deal?” to give information on risky behaviors and addictions during adolescence period.

Lastly, on 14th November 2016, Psychologists Özlem Güler and Güler Ataş Buldu gave a seminar on healthy communication methods and healthy ways of coping with communication barriers during adolescence titled “Communication is Power”. The seminars took place in an interactive environment with the participation of the school teachers and students. Positive developmental characteristics of adolescence was emphasized and it was pointed out that adolescence should not be labelled as “problematic”.

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