

CURRICULUM VITAE

Date: 21/02/2022

PERSONAL INFORMATION

Name-Surname: Fatoş Özeylem

Date of birth : 12/04/1981

Place of Birth : Nicosia / Northern Cyprus

Address: Tuzla, Famagusta, Northern Cyprus.

EDUCATIONAL BACKGROUND

2020 Post-Doc. in Psychology. Roehampton University, Faculty of Life Sciences, Department of Psychology, The Centre for Applied Research and Assessment in Child and Adolescent Well-being (CARACAW), Roehampton, United Kingdom.

Research Project: “Mental Health among University Students”. Adaptation of Super Skills for Life Programme for Young Adults.

Supervisor: Prof. Cecilia Essau

2018 PhD. in Psychology. Roehampton University, Faculty of Life Sciences, Department of Psychology, The Centre for Applied Research and Assessment in Child and Adolescent Well-being (CARACAW), Roehampton, United Kingdom.

Thesis: “Psychological Well-being, Romantic Attachment and Attitudes toward Divorce of Emerging Adults in Northern Cyprus.”

Supervisor: Prof. Cecilia Essau

Co-supervisor: Dr. Catherine Gilvarry

2006 MSc. in Developmental Psychology. Lancaster University, Faculty of Arts and Sciences, Lancaster, UK.

Thesis: “ A Cross-Cultural Study of the Impact of Parents’ and Teachers’ Beliefs on Children’s Drawing of Three-Dimensional Objects”

Supervisor: Prof. Gavin Bremner

2003 BSc. in Psychology (High Honor) Near East University, Faculty of Arts and Sciences, Nicosia, Cyprus.

1997 Türk Maarif College, Nicosia, Cyprus.

PROFESSIONAL EXPERIENCE

Since 2021 *Director*, Psychological Counseling Guidance and Research Center, Eastern Mediterranean University, Famagusta, Northern Cyprus.

2010-2021 *Psychologist*, Psychological Counseling Guidance and Research Center, Eastern Mediterranean University, Famagusta, Northern Cyprus.

2010-2011 *Part-time Lecturer (for the fall term)*, Eastern Mediterranean University, Faculty of Arts and Sciences, Department of Psychology, Famagusta, Northern Cyprus.

2008-2010 *Lecturer*, Girne American University, Faculty of Humanities, Psychology Department, Kyrenia, Northern Cyprus.

2008-2009 *Research Assistant*, The Career Project of Turkish Scientific and Technical Research Institution (TUBITAK): A longitudinal study of cognitive, emotional and pro-social development of children, at Hacettepe University, Ankara, Turkey.

2006-2007 *Psychologist*, Berke Rehabilitation Center, Çankaya, Ankara, Turkey

2004-2005 *Psychologist*, Ability Primary and Nursery School, Kyrenia, Cyprus.

FIELDS OF RESEARCH

Psychological well-being in different sociocultural contexts, Interpersonal relationships and development in different cultures, Emerging Adulthood, Cultural psychology, Offspring's development in non-traditional family structures, Coping with stress.

PRESENTATIONS IN INTERNATIONAL CONFERENCES

- *My former surname was Bayraktar.*

Ozeylem, F., Essau, C.A. & Gilvarry, C. (2019, October). Self-Blame for Inter-Parental Conflict among Emerging Adults: Does it Predict the Romantic Attachment Style and Attitudes toward Divorce? Poster Presentation at the 9th Conference on Emerging Adulthood, Toronto, Canada.

Ozeylem, F., Essau, C.A. & Gilvarry, C. (2019, October). Psychological Well-being of Emerging Adult Offspring of Married and Divorced Parents: The Role of Amalgam Family System in Turkish Cypriot Culture. Poster Presentation at the 9th Conference on Emerging Adulthood, Toronto, Canada.

Ozeylem, F., Essau, C.A. & Gilvarry, C. (2018, September). *Psychological Well-being, Romantic Attachment and Attitudes toward Divorce of Emerging Adults in Turkish Cypriot Community.* Oral Presentation at the 82nd Annual Convention of the Japanese Psychological Association, Sendai, Japan.

Ozeylem, F., Essau, C.A. & Gilvarry, C. (2018, September). *Investigating the Role of Parental Divorce on Attitudes toward Divorce among Turkish Cypriot Emerging Adults in a Mixed Methodology.* Poster Presentation at the Symposium of Psychology of Globalization, The 82nd Annual Convention of the Japanese Psychological Association, Sendai, Japan.

Ozeylem, F., Essau, C.A. & Gilvarry, C. (2017, July). *Parental Divorce, Family Relationships and Romantic Attachment in Emerging Adulthood: The Mediating Role of Threat of Inter-parental Conflict.* Oral Presentation at the 12th International Conference on Child and Adolescent Psychopathology, Department of Psychology, (ICCAP 12), University of Roehampton, London, UK.

Ozeylem, F., Essau, C.A. & Gilvarry, C. (2017, July). *Family Structure and Romantic Attachment Quality in Emerging Adulthood: Is it Moderated by Coping strategies?* Poster Presentation at the 12th International Conference on Child and Adolescent Psychopathology, (ICCAP 12), University of Roehampton, London, UK.

Ozeylem, F., Essau, C.A. & Gilvarry, C. (2016, July). *The Association between Predivorce Family Relationships and Psychological Well-being of Adolescents: The Mediating Role of Predivorce Interparental Relationships*. Poster Presentation at the 11th International Conference on Child and Adolescent Psychopathology (ICCAP 11), University of Roehampton, London, UK.

Ozeylem, F., Essau, C.A. & Gilvarry, C. (2016, July). *The Role of Family Relationships in moderating the Association between Family Type and Psychological Well-being of Emerging Adults in Cyprus*. Oral presentation at the Emerging Psychologist Symposium, 31st International Congress of Psychology 2016 (ICP2016), Yokohama, Japan.

Ozeylem, F., Essau, C.A. & Gilvarry, C. (2016, July). *The Role of Family Relationships in moderating the Association between Family Type and Psychological Well-being of Emerging Adults in Cyprus*. Poster presentation at the 31st International Congress of Psychology 2016 (ICP2016), Yokohama, Japan.

Bayraktar, F., Essau, C.A. & Gilvarry, C. (2015, July). *Perceived emotional support as a mediator between quality of parental relationships and psychological well-being among emerging adults of divorced / married parents in Cyprus*. Oral Presentation in 10th International Conference on Child and Adolescence Psychopathology, Roehampton-UK.

Bayraktar, F., Essau, C.A. & Gilvarry, C. (2014, July). *Psychological well-being, romantic attachment and divorce attitudes of emerging adults in Cyprus*. Poster Presentation in 9th International Conference on Child and Adolescence Psychopathology, Roehampton-UK.

Mertan, B., **Bayraktar, F.**, Tüfekçioğlu, H., Güler Ö. & Maner U. (2014, July). *Beliefs toward mental illness mediates the relationship between self-stigma and attitudes toward seeking psychological help*. Poster Presentation in 9th International Conference on Child and Adolescence Psychopathology, Roehampton-UK.

Mertan, B., Maner, U., **Bayraktar, F.**, Hüsnü, S., Pehlivan, G. & Çelik, D. (2012, July). *A study of knowledge and attitudes towards domestic violence against women in North Cyprus*. Poster Presentation in International Congress of Psychology, Cape Town, South Africa.

Bayraktar, F., Sayıl, M., & **Bayraktar, F.** (2009, July). *The mediator and moderator role of parental relations between perceived peer relationship quality and bullying/victimization among Turkish Cypriot Adolescents*. Oral Presentation in 4th International Conference on Child and Adolescence Psychopathology, Roehampton-UK.

Bayraktar, F., & Bremner, J.G. (2008, August). *A cross-cultural Study of the role of parents' and teachers' beliefs on children's drawing of three-dimensional objects*. Poster presentation at 20th

Biennial International Society for the Study of Behavioral Development (ISSBD) Meeting, Würzburg-Germany.

Bayraktar, F., & **Özeylem, F.** (2004, July). *Correlations between experiences/attitudes in traffic and psychopathology: A Turkish Cypriot sample*. Poster presented at XVIII. Biennial International Society for the Study of Behavioral Development (ISSBD) Meeting, Ghent-Belgium.

PRESENTATIONS IN NATIONAL CONFERENCES

- *My former surname was Bayraktar.*

Ozeylem, F., Essau, C.A. & Gilvarry, C. (2019). *Beliren Yetişkinlerde psikolojik iyilik halinin aile şekli, aile ilişkileri kalitesi ve stresle baş etme yolu bağlamında incelenmesi. (An investigation of the association between psychological well-being, family structure, the quality of family relationships and coping ways with stress in emerging adulthood)*. Oral Presentation at 9th Işık Savaşır Clinical Psychology Symposium, Famagusta, North Cyprus.

Mertan, B., **Ozeylem, F.**, Tüfekçioğlu, H., Güler, Ö., & Maner, U. (2016). *Psikolojik destek aramada kendini damgalama, psikolojik destek almaa deneyimi, cinsiyet ve uyruk arasındaki ilişki: Psikolojik rahatsızlıklara yönelik inançların aracı rolü. (The association between self-stigma towards seeking psychological help, prior help-seeking experience, gender and nationality: The confounding role of beliefs toward seeking help)*. Poster presented at 18th National Psychology Congress, İzmir , Turkey.

PUBLICATIONS

- *The former surname was Bayraktar.*

de la Torre-Luque, A., **Ozeylem, F.**, & Essau, C. A. (2021). Prevalence of addictive behaviours among adolescents from 73 low-and-middle-income countries. *Addictive Behaviours Reports*, *14*, 100387.

Ozeylem, F., de la Torre-Luque, A., & Essau, C. A. (2021). Factors Related to substance abuse among adolescents from six low-and-middle-income countries. *Addictive Behaviours Reports*, *14*, 100370.

Essau, C.A., & **Ozeylem, F.** (2017). A Chapter: Symptom Checklist 90. *The Encyclopedia of Clinical Psychology*, Wiley-Blackwell.

Bayraktar, F., Essau, C., & Gilvarry, C. (2016). The role of family relationships in moderating the association between family type and psychological well-being of emerging adults in Cyprus. *International Journal of Psychology*, *51*, 632-633.

Mertan, B., **Bayraktar, F.**, Pehlivan, G., Maner, U., Hüsnü, Ş., & Çelik, D. (2012). Knowledge and Attitudes toward Domestic Violence against Women: The Case of North Cyprus. *Kadın/Woman* 2000, *13*(2).

PROFESSIONAL AND ACADEMIC ACTIVITIES

2021 10. Üniversite Psikolojik Danışmanlığı Sempozyumu. Tema: Uzaktan Üniversite Psikolojik Danışma Hizmetleri, Boğaziçi Üniversitesi, Çevrim içi Sempozyum, 20-21 Mayıs, 2021.

2020 Workshop on Compassion-focused therapy (CFT), Online Training, *15th June 2021*.
Trainers: Prof.Dr. Paul Gilbert
Dr. Hannah Gilbert

2020 Workshop on Super Skills for Life- Intervention and Prevention Programme. (Children and Adolescent Versions), 27th July 2020, Online Training.
Trainer: Prof. Cecilia Essau

2018 Workshop on *CBT Interventions for Children and Adolescents with Depression: Core Treatment Components*. The 1st Congress on Cognitive Behavioural Therapies, 20th October 2018, Ankara, Turkey.

Trainer: Paul Stallard

2017 Workshop on Qualitative Data Analysis with NVivo. 13th Research Methods Seminar, 1-5 February 2017, Antalya, Turkey.

Trainers: Belkis Kümbetoğlu & Bahar Kıraker

2012 Workshop on Cognitive Therapy Basic Skills and Obsessive-Compulsive Disorder (12 hours), CBTİSTANBUL, (14-15 April 2012).

Trainer: Emel Stroop

2012 Workshop on Cognitive Therapy Basic Skills and Anxiety (13 hours), CBTİSTANBUL, (13-15 January 2012).

Trainer: Emel Stroop

2011 Workshop on Cognitive Therapy Basic Skills and Depression (12 hours), CBTİSTANBUL, (16-18 December 2011).

Trainer: Emel Stroop

2011 Workshop on The First Clinical Interview and Clinical Assessment/Clinical Therapy Skills (13 hours), CBTİSTANBUL, (13-15 October 2011).

Trainer: Emel Stroop

2011 Workshop on Brief Eclectic Psychotherapy for PTSD (BEPP) organized by TENTS-TP and EMU-PDRAM, Gazimağusa, North Cyprus (3-4 March 2011).

2010 Workshop on Applications of Attachment Theory for Adults in Clinical Practices organized by Bilgi University, Istanbul, Turkey (3-4 October 2011).

2009 Workshop on Neuropsychological Assessment organized by Hacettepe University and EMU-PDRAM, EMU, Gazimağusa, North Cyprus (4th-5th April 2009).

2009 Workshop on Dealing with Difficult Children and Adolescents with Risky Behaviours, Ministry of Education of TRNC and Yeniden Psychiatry Center, Istanbul, (March 2009).

2008 Workshop on Early Diagnosis and Intervention of Children with Special Needs, II. Psychology Postgraduate Students Congress, (June 2008).

2008 Certificate program on The Application and Interpretation of Wechsler Intelligence Scale for Children (WISC-R), organized by Turkish Psychological Association, Ankara, Turkey (5th-7th April 2008).

2008 Certificate program on Coping with Exam Anxiety : Cognitive-behavioral Approach, organized by Turkish Psychological Association, Ankara, Turkey (5th-7th February 2008).

2005 Certificate program on Play Therapy and Supervision, organized by Turkish Psychological Association, Ankara, Turkey (10th-12th May 2005).

2004 Training Trainee Program on Building Success into the Primary Classroom For Learners with Disabilities: Training of Trainers Program, organized by The American Embassy's Bicommunal Program, (10th -17th September 2004).

2004 Certificate program on The Application and the Interpretation of a Battery of Tests to Evaluate Children, organized by Turkish Psychological Association, Ankara, Turkey (10th -12th April 2004).

INVITED SEMINARS AND WORKSHOPS

2021 A Talk about the Implications of Super Skills for Life Programme for Young Adults. For Teachers in Romania, Zoom Meeting (November, 2021)

Since 2021 Workshop Series on Developing a Psychological Resilience Programme for Children and Youth Living in Foster Care at SOS Village in Northern Cyprus

2019 A Seminar on Healthy and Risky Development in Adolescence. Central Prison, Nicosia, Northern Cyprus (6-9 May 2019).

2019 A Seminar on Being a Parent of a Child with Autism. Umut Autism Association, Nicosia, Northern Cyprus (2nd April 2019) .

2018 A Seminar on the Children's Rights in Family and School Contexts. Yeniboğaziçi Primary School, Yeniboğaziçi, Northern Cyprus (25th November 2019).

2018 A Seminar on The Future with the Developing and Changing Youth: Sustainable Wellbeing. EMU Alumni Communication and Research Center (MIKA). Career Development Programme (May 2018).

2015 Workshop on Protecting Childrens' Rights. MERTAN,B. (leader) & BAYRAKTAR, F., (co-leader), SOS Villages, Northern Cyprus.

2014 Workshop on Protecting Childrens' Rights. MERTAN, B. (leader) & BAYRAKTAR, F., (co-leader), SOS Villages, Northern Cyprus.

2013 Workshop on Improving Job Satisfaction for Social Service Workers MERTAN,B. (leader) & BAYRAKTAR, F., (co-leader), Psychological Counseling Guidance and Research Center, Eastern Mediterranean University, Northern Cyprus.

2012 Child-Centered Parenting: Until Which Point?. MERTAN,B. (leader) & BAYRAKTAR, F., (co-leader), Eastern Mediterranean University. (May 2012)

2011 When Does Divorce Become a Risk For Children's Well-being?, Cyprus Trade Center, (20 November 2011).

2011 Exam Anxiety, Eastern Mediterranean University, (May 2011).

2011 Exam Anxiety, Eastern Mediterranean University, (February 2011).

2010 Exam Anxiety, Eastern Mediterranean University, (November 2010).

2010 Behaviour Management in Nursery Classroom, Girne American Nursery School, (March 2010).

2009 School Phobia in Children, Society Support Center, Nicosia, (September 2009).

2009 Intervention and Prevention for Child Abuse, II. Symposium on Preventing Social Risks, Girne American University, (May 2009).

2008 The Importance of Social Policies in Preventing Child Abuse in Northern Cyprus, II. Symposium on Preventing Social Risks, Kyrenia (15-18 March 2008).

TEACHING BACKGROUND

2010-2011 (Part-time Lecturer, Eastern Mediterranean University, Faculty of Arts and Sciences, Department of Psychology).

- General Psychology (elective for non-psychology students)
- Introduction to the Psychological Science (elective for non-psychology students)
- Understanding Human Social Behavior ((elective for non-psychology students)

2008-2010 (Girne American University, Faculty of Humanities, Psychology Department, Undergraduate Programme)

- Developmental Psychology
- Developmental Psychopathology
- Child Abuse
- Research Methods I-II
- Statistics I-II
- Educational Psychology
- Testing in Psychology
- Introduction to Psychology
- Psychology at Work

GRADUATE STUDENT SUPERVISION

Master Thesis:

Özlem Şanel, “ *The Relationship Between Peer Victimization and Self-Reported Symptoms of Depression in Early and Late Adolescence*”.

LANGUAGES

Turkish – native language.

English - speak fluently and read/write with high proficiency

MEMBERSHIPS

The Society for the Study of Emerging Adulthood (SSEA), (since 2019), United States.

International Association for Cross-Cultural Psychology (IACCP), (since 2019),

Turkish Psychological Association (TPD), (since 2003), Ankara, Turkey.

SCHOLARSHIPS, HONORS & AWARDS

European Union Scholarships for Turkish Cypriots. Post-doctoral Study Award, January-July 2020.

Conference Travel Award for the 9th Biennial Conference on Emerging Adulthood, The Society for the Study of Emerging Adulthood (SSEA), Toronto, Canada, 10-12 October 2019.

Full Conference Award for Symposium of Psychology of Globalization, The 82nd Annual Convention of Japanese Psychological Association, Sendai, Japan, 25-27 September 2018.

Full Scholarship for Emerging Psychologists' Program, International Congress of Psychology (ICP2016), Yokohama, Japan, 24-29 July 2016.

Full Conference Award for the 10th International Conference on Child and Adolescent Psychopathology (ICCAP2015), London, UK, 20-22 July 2015.

Lancaster University Scholarship for foreign students (2005).

Ministry of Education Honor Scholarship for Undergraduate Students, TRNC (2000-2004).